



Dr Mani Santhana Krishnan FRCPsych

Dr Krishnan is a Consultant in Old Age/Liaison Psychiatry, Associate Clinical Director at the Tees, Esk and Wear Valleys NHS Foundation Trust and Academic Secretary of the Royal College of Psychiatrists Faculty of Old Age Psychiatry. He is passionate about promoting delirium awareness to health care professionals and the public. He has been actively championing delirium prevention in Teesside and internationally through social media. He started the hashtag #icanPREVENTDELIRIUM. This hashtag now has global recognition.

Dr Krishnan and his team have won several national and regional awards. In 2016 his team won the Psychiatry Team of the Year at the national Royal College awards ceremony. He himself received the Inspirational Leader of the Year award in 2017 from North East Leadership Academy.

His Delirium Education work was highly commended at the BMJ awards 2017.

Dr Eleni Fixter MRCPsych

Dr Fixter is a final year Registrar in Old Age Psychiatry. She has been instrumental in developing and delivering delirium education in the University Hospital of North Tees and won funding from Health Education England North East to run a successful Delirium Conference in 2016 and subsequently another conference in 2017. Eleni has worked with Dr Krishnan on the #icanPREVENTDELIRIUM project and has published articles on delirium in *Annals of Delirium* and in *Old Age Psychiatrist*. She led the World Delirium Day activities in the North East on 15 March 2017, which received excellent social media feedback. She was part of the award-winning team at the QI Network event in Leeds and BMJ awards 2017. Now Eleni is starting a patient focus group on delirium awareness and has also secured funding for the next delirium conference.